



# Bicycle and road safety

## Part 5



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ISTITUTO COMPRENSIVO  
"SIMONETTA SALACONE"  
di Roma



|   |   |                                    |
|---|---|------------------------------------|
| <b>Ride and Smile</b><br><b>Educational activities on environmental awareness</b>   | <b>Module:</b><br><b>Bicycle and road safety - Part 5</b>   | <b>Target group:</b><br>7-10 years |
| <b>Subject(s):</b> Social studies, Personal Development, Arts, Literature<br><b>Topic:</b> The history of bicycle<br><b>Duration:</b> 1 hour<br><b>Material:</b> Videos about bicycles, poster            |   |                                    |
| <b>Content areas / Main key areas:</b> <ul style="list-style-type: none"> <li>• Arts</li> <li>• Technology</li> <li>• Social Studies (History)</li> <li>• Languages (English)</li> <li>• Music</li> </ul> | <b>Description:</b><br>Nowadays the bicycle is one of the most popular means of transportation and not just, it is also a source of fun, especially in life of the young generation. The people are using bicycles for various reasons: going to work with, doing sports or as a leisure time activity etc. Is it important to make our students aware about the importance of the bicycle and learning about the history of cycling is a very good start to raise the interest of students and to motivate them. They get to know more about this wonderful tool in order to make them to want to use it on daily basis. |                                    |
| <b>Learning requirements:</b><br>The learners <ul style="list-style-type: none"> <li>• general knowledge about cycling and bicycles</li> </ul>  | <b>Learning objectives / Expected competences:</b><br>The learners can <ul style="list-style-type: none"> <li>• enrich their knowledge about the history of bicycle</li> <li>• improve their foreign language skills</li> <li>• improve their artistic skills</li> </ul>  |                                    |

| Lesson plan                           |  |   |  |
|---------------------------------------|--|---|--|
| Sequencing & phase objective          | Action steps and impulses  | Concretized competence expectations   | Learning materials   |
| <b>Phase 1<br/>Starter activity</b>   | <p>Activity 1 (10-15 minutes) – This is a basic or introductory activity. It is advisable to do this activity first, and any other activity can follow this one. The other activities are interchangeable.</p> <p>The teacher plays a song about bicycle and starts a guided conversation about cycling and bicycle. TIPS/ Example of questions that the teacher can ask: What do you think, when did people use the bicycle for the first time? Which country used the first bicycle? Who do you think has used first this vehicle? Why do you think people started to use it? Do you think it was an expensive mean of transportation? Was it easy to use? Do you think they had traffic rules for using the bicycle at that time? Can you name the advantages and disadvantages of the bicycle etc.</p> <p>TIPS for songs: For songs about bicycles you can choose according to your students age but at the Impression section you can also find some suggestions.</p> | <p>The learners can</p> <ul style="list-style-type: none"> <li>• learn more about the history of bicycle and cycling</li> <li>• develop their social skills (listening to each other, helping each other, collaborate during the groupwork etc).</li> </ul> | <p>Printable pictures about bikes and cycling, equipment for arts and crafts, video about the history of bicycle and songs about bicycle</p> |
| <b>Phase 2<br/>Main activity</b>      | <p>Activity 2 (10-15 minutes) –The teacher shows a video about the history of bicycle and then there is a guided discussion about the topic. She/He draws the students' attention on the shape of the bicycle and how the bicycle has evolved between the 18th and 21st century.</p>   |   |  |
| <b>Phase 3<br/>Finishing activity</b> | <p>Activity 3 (15-20 minutes) –As a final activity of the class the students can work in groups and prepare a poster about the evolution or history of the bicycle. The teacher can make printouts from the slides of the videos but another good idea is also to have different pictures printed out about different bicycles in different ages.</p>  |   |  |

## Additional hints, media, useful links

Bicycle songs: Shonen Knife: Cycling is Fun <https://www.youtube.com/watch?v=nnQzyfYEs78>

Queen: Bicycle Race <https://www.youtube.com/watch?v=GugsCdLHm-Q>

Mungo's Hi Fi: Bike Rider Ft Pupajim <https://www.youtube.com/watch?v=4oUxPWnrXNk>

Max Miller: Let's have a ride on your bicycle <https://www.youtube.com/watch?v=RMPylsybk4U>

Video for the Activity 2: <https://www.youtube.com/watch?v=rNbUS6R64Fk>; <https://www.youtube.com/watch?v=E-U02-RWUPc>

## Impressions

Poster created  
by students  
during the activity

